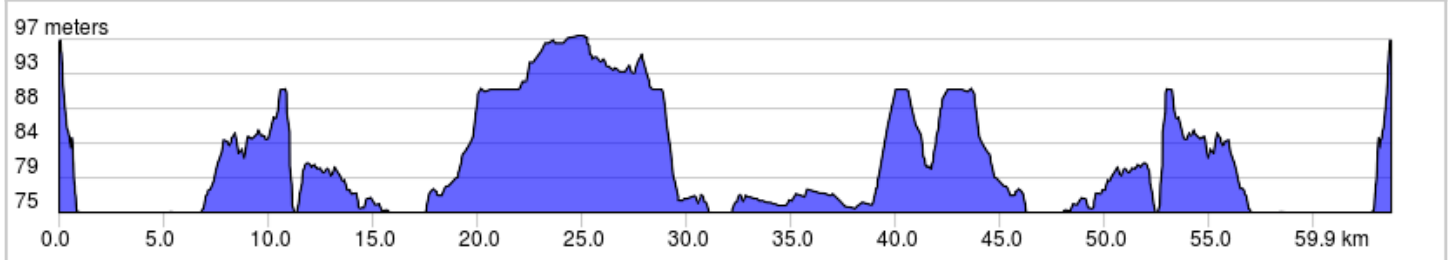
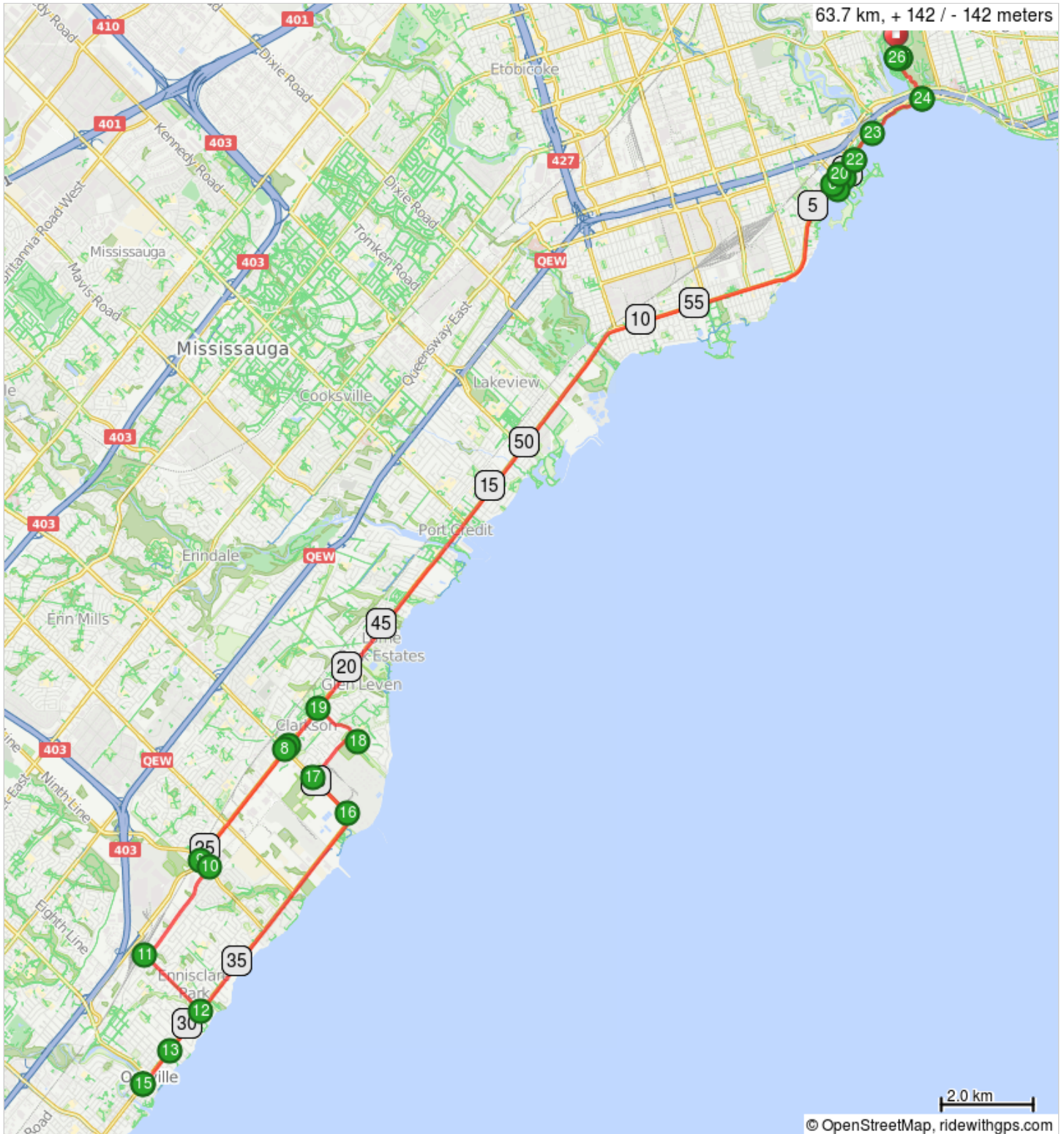


# High Park–Lakeshore Flat 64 km



## TBN Sunday Tourist Ride: High Park–Lakeshore Flat 64 km

1.	0.0	■	Start of route	0.1
2.	0.1	→	R onto Colborne Lodge Dr	1.1
3.	1.2	→	R onto Martin Goodman Trail	2.7
4.	3.9	←	L to stay on Humber Bay Park East Trail	0.3
5.	4.2	→	R onto Humber Bay Park Rd W	0.1
6.	4.3	←	L onto Lake Shore Blvd W	17.8
7.	22.1	→	Slight R to stay on Lakeshore Rd W	0.1
8.	22.2	↑	Continue onto Royal Windsor Dr	3.0
9.	25.3	←	L onto Ford Dr/Halton Regional Rd 13	0.2
10.	25.5	→	R onto Cornwall Rd	2.4
11.	27.9	←	L onto Morrison Rd	1.7
12.	29.6	→	R onto Lakeshore Rd E	1.1
13.	30.7	←	L onto Park Ave	0.9

30.7 kilometers. +62/-82 meters

14.	31.6	←	L into the Town Square. Greenbean Coffee house is located south of the lawn and the town clock.	0.0
15.	31.6	☺	LUNCH BREAK at The Greenbean Coffee House	7.4
16.	39.1	↑	Continue onto Southdown Rd	1.1
17.	40.1	→	R onto Orr Rd	1.4
18.	41.5	←	L onto Meadow Wood Rd	1.2
19.	42.7	→	R onto Lakeshore Rd W	17.0
20.	59.7	→	R onto Marine Parade Dr	0.6
21.	60.3	→	R toward Humber Bay Park East Trail	0.0
22.	60.3	←	L onto Humber Bay Park East Trail	0.8
23.	61.1	↑	Continue onto Martin Goodman Trail	1.4
24.	62.5	←	L onto Colborne Lodge Dr	1.1

31.8 kilometers. +65/-65 meters

25.	63.6	←	L at Centre Rd	0.1
26.	63.7	■	End of route	0.0

## LEGEND to Column Headings (left to right)

1. Cue Sheet number, corresponds to green map points
2. Distance from the starting point in kilometres
3. Direction symbol
4. Directions explanation/description
5. Distance to next event/turn in kilometres



**T o r o n t o**  
*b i c y c l i n g*  
**N e t w o r k**

1.2 kilometers. +0/-0 meters

## TBN Sunday Tourist Ride: High Park–Lakeshore Flat 64 km

1.	0.0	🚩	Start of route	0.1
2.	0.1	→	R onto Colborne Lodge Dr	1.1
3.	1.2	→	R onto Martin Goodman Trail	2.7
4.	3.9	←	L to stay on Humber Bay Park East Trail	0.3
5.	4.2	→	R onto Humber Bay Park Rd W	0.1
6.	4.3	←	L onto Lake Shore Blvd W	17.8
7.	22.1	→	Slight R to stay on Lakeshore Rd W	0.1
8.	22.2	↑	Continue onto Royal Windsor Dr	3.0
9.	25.3	←	L onto Ford Dr/Halton Regional Rd 13	0.2
10.	25.5	→	R onto Cornwall Rd	2.4
11.	27.9	←	L onto Morrison Rd	1.7
12.	29.6	→	R onto Lakeshore Rd E	1.1
13.	30.7	←	L onto Park Ave	0.9
14.	31.6	←	L into the Town Square. Greenbean Coffee house is located south of the lawn and the town clock.	0.0
15.	31.6	☕	LUNCH BREAK at The Greenbean Coffee House	7.4
16.	39.1	↑	Continue onto Southdown Rd	1.1
17.	40.1	→	R onto Orr Rd	1.4
18.	41.5	←	L onto Meadow Wood Rd	1.2
19.	42.7	→	R onto Lakeshore Rd W	17.0
20.	59.7	→	R onto Marine Parade Dr	0.6
21.	60.3	→	R toward Humber Bay Park East Trail	0.0
22.	60.3	←	L onto Humber Bay Park East Trail	0.8
23.	61.1	↑	Continue onto Martin Goodman Trail	1.4
24.	62.5	←	L onto Colborne Lodge Dr	1.1
25.	63.6	←	L at Centre Rd	0.1
26.	63.7	🚩	End of route	0.0

63.7 kilometers. +154/-154 meters